

Legal Advice For Parents

Family Rights Group - Offers advice & information - Tel 0800 731 1696 - Website www.frg.org.uk

National Council for One Parent Families & Lone Parents - Offers advice and information - Tel 0800 018 5026 - Website www.oneparentfamilies.org.uk

Gingerbread - Offer advice for lone parents - Tel: 0800 018 4318 - Website www.gingerbread.org.uk

Children and Family Court Advisory and Support Service - Tel 020 7210 4400 - Website www.cafcass.gov.uk

Lord Chancellor's Department - Tel 020 7210 8500, Website www.lcd.gov.uk

Parentline Plus - A national organisation for parents, including helpline for parents under stress and parenting classes - Tel 0808 800 2222 - Website www.parentlineplus.org.uk

Rights of Women - Website offering links to other useful websites - Website www.row.org.uk/links.html

Solicitors Family Law Association - Tel 01689 850227 - Website www.sfla.org.uk

Women's Aid - Offers a helpline, support, legal advice, information. - Tel: 08457 023468 - Website www.womensaid.org.uk